

*Special Seasonal Report*



Ambulance Patient Offload Time  
Week 35 (08/29/21 – 09/04/21)

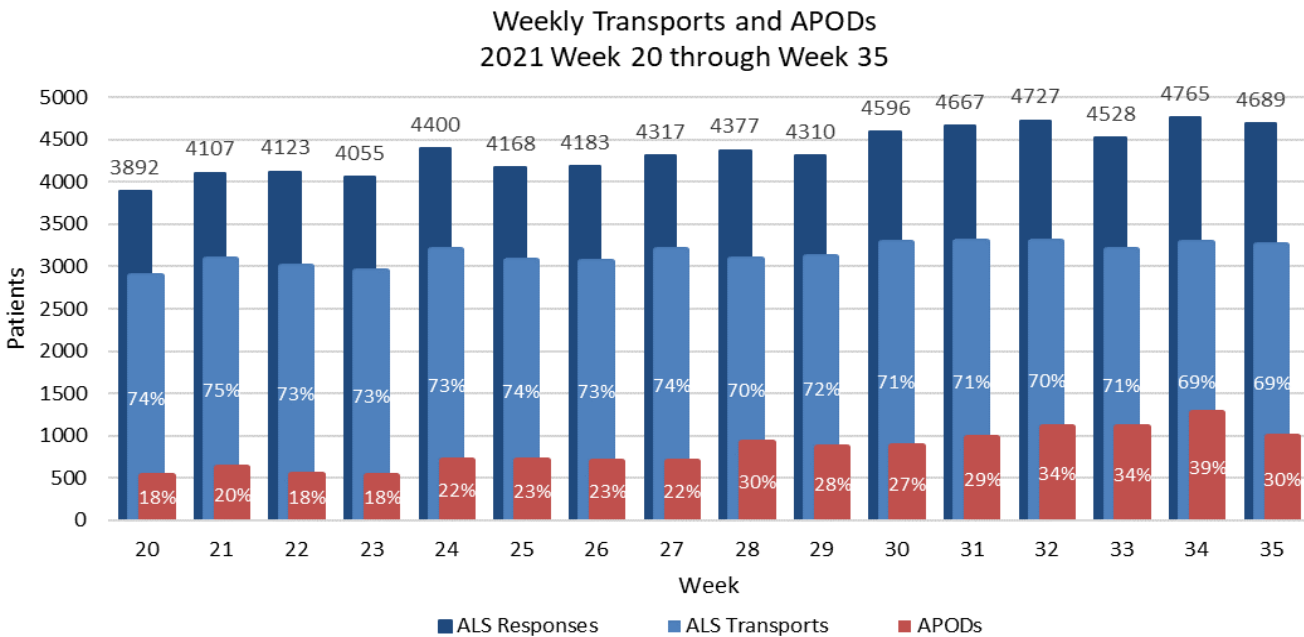
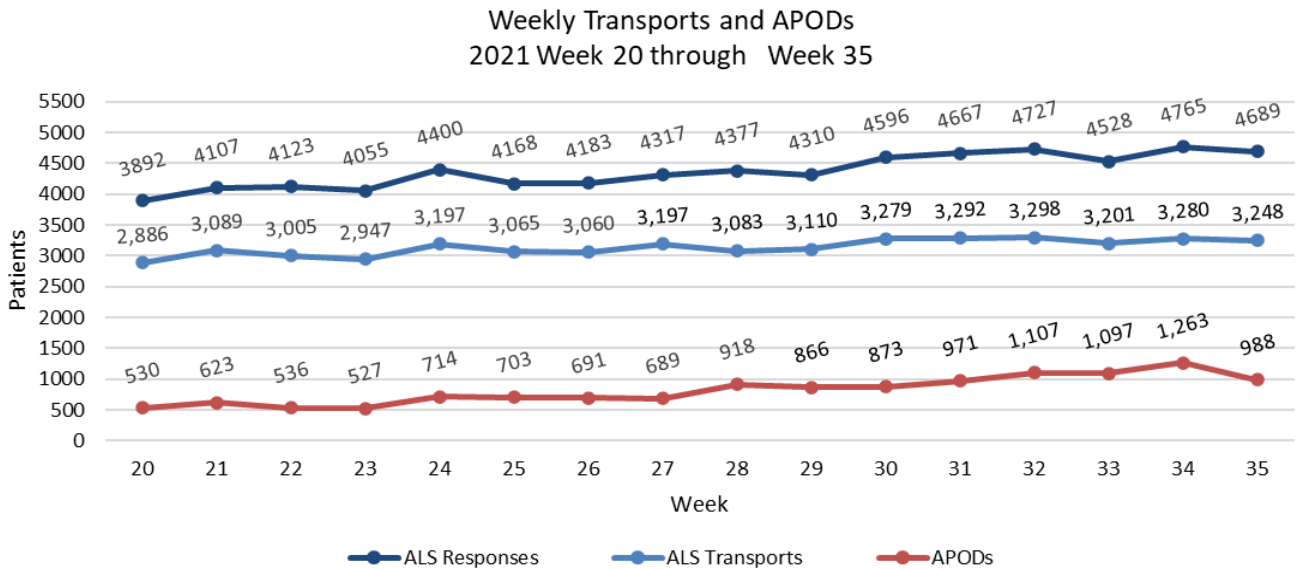
**2020-21  
Seasonal  
Report**

This report and all current and recent APOT reports can be found online at:  
<http://www.rivcoems.org/Documents/Reports-Current>

Prepared by Riverside County EMS Agency – September 15, 2021

# SPECIAL SEASONAL REPORT

In an effort to monitor Ambulance Patient Offload Time (APOT) and influencing factors such as seasonal surge, Riverside County EMS Agency is publishing weekly reports. The following charts represent weekly aggregates of 9-1-1 Ambulance (ALS) Responses, Transports, and Ambulance Patient Offload Delays (APOD) for the past 16 weeks.

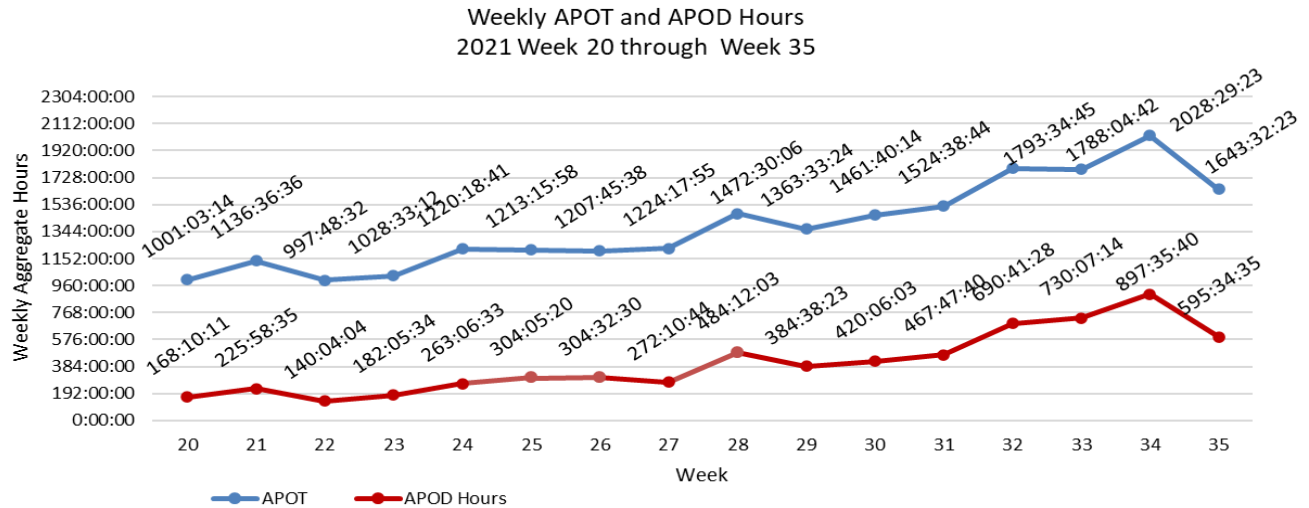


\*ALS Transports includes transports only to Riverside county hospitals

- During Week 35, there were a total of **4,689 ALS responses** in Riverside County— 1.6% DECREASE from the previous week's total of 4,765 responses.
- During Week 35, there were a total of **3,248 transports** in Riverside County— 1.0% DECREASE from the previous week's 3,280 transports.
- During Week 35, there were a total of **988 APODs** in Riverside County— 21.8% BELOW the previous week's total of 1,263 APODs.

# RIVERSIDE COUNTY AMBULANCE PATIENT OFFLOAD TIME

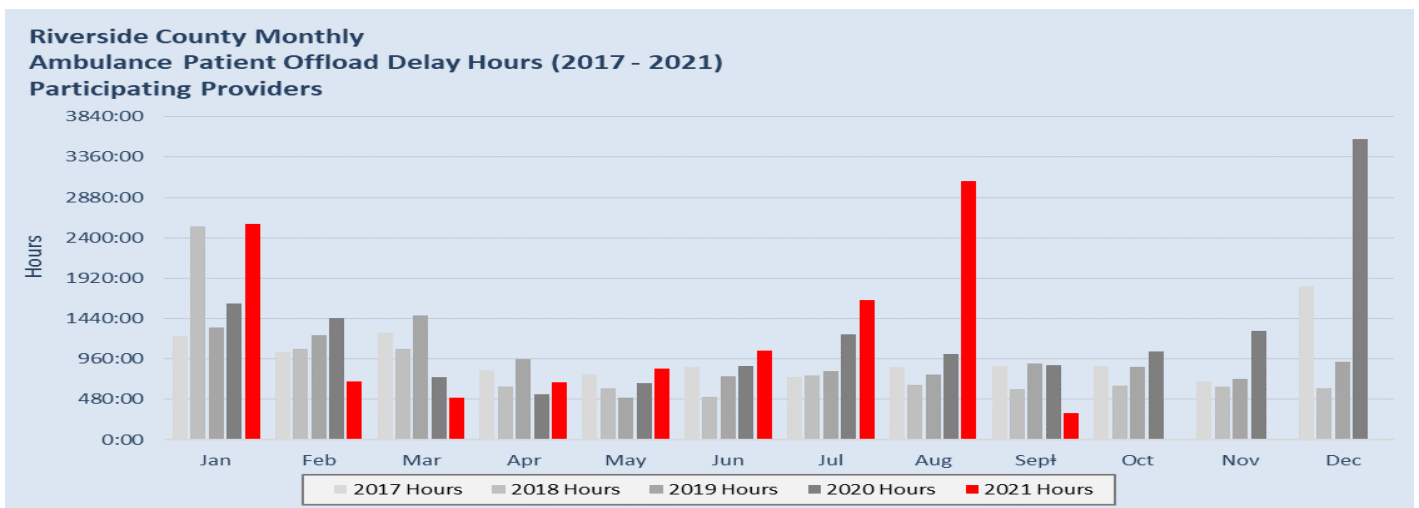
The following chart represent weekly aggregate APOT and APOD hours (hh:mm:ss) for the past 16 weeks. APOT begins at patient arrival at hospital (eTimes.11) and ends when patient care is transferred to the hospital (eTimes.12). APOD calculation begins when APOT exceeds the 30-minute transfer of care standard defined in REMSA [Policy 4204](#).



\*Beginning Week-33, APOT/D time reported above is less than actual total APOT/D time due to activation of a temporary transfer-of-care mitigation strategy initiated by currently frequent and excessive delays of ambulances at some hospitals. This delay mitigation strategy allows 9-1-1 transport units on extended delay to transfer care to another non-transport EMS unit until the emergency department assumes care of the patient. This allows the 9-1-1 transport unit to return to service; however, the transfer of care time recorded is the same time field used to calculate transfer of care to the hospital (NEMESIS value eTimes.13). Therefore, actual APOD times beginning Week-33 might be longer.

- During 2020 Week 35, **APOT county-wide totaled 1643.5 hours** — 19.0% BELOW the previous week’s total of 2028.5 hours.
- County-wide **APOD hours for Week 35 totaled 595.6 hours**, a 33.6% DECREASE from the previous week’s total of 897.6 hours.

Data provided below illustrates total APOD time (hh:mm) by month over the last five years. This chart is a summation of offload time delays only and excludes the initial 30 minute period defined as the standard transfer of care time.



\* Prior to January 2017, offload times were calculated using CAD times, beginning with the time that dispatch placed the ambulance on bed delay status until the time the ambulance left the hospital.

\*\*Beginning August 2017, times represented include all participating providers. Prior to August, data included AMR responses only.

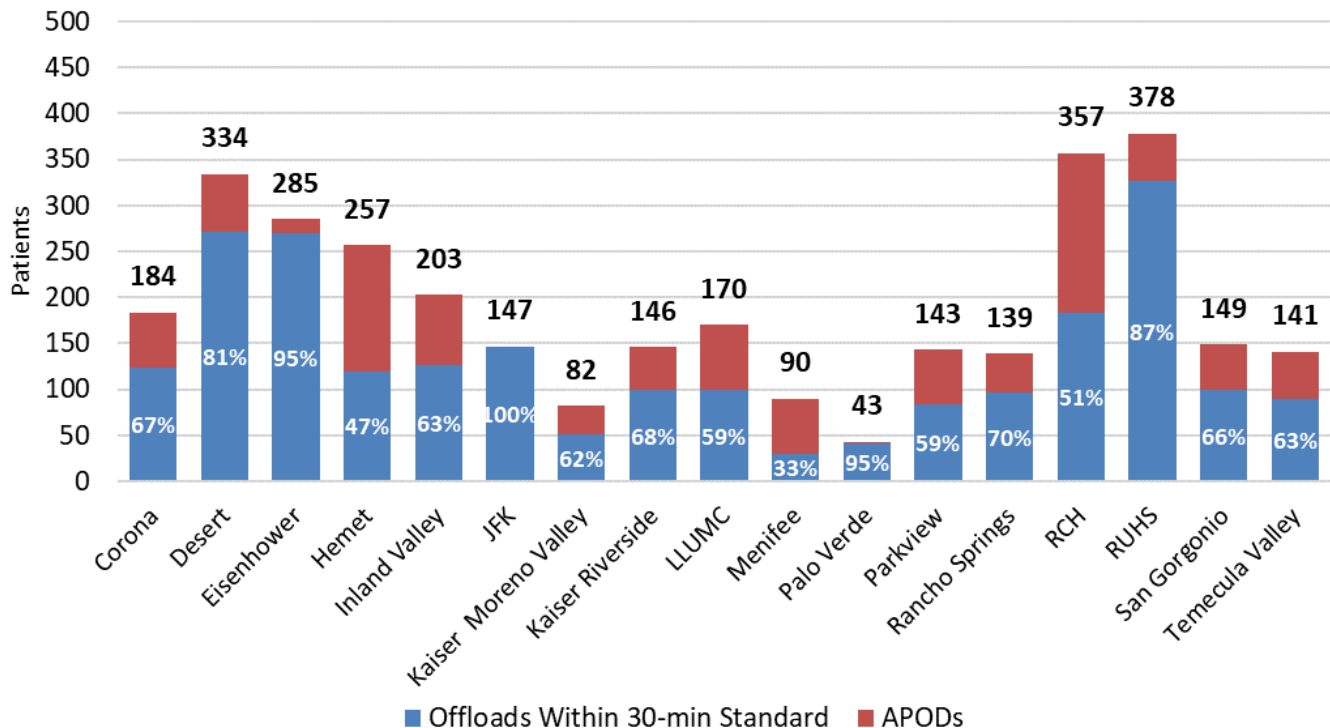
‡ Sep 2021 is a partial month

# AMBULANCE PATIENT OFFLOAD TIME BY HOSPITAL

Key: High Low/Best

APOT Snapshot					
	ALS Transports	APOT	APOD Hours	APODs	APOD Compliance
Corona Regional Med Ctr	184	93:55:45	30:34:29	60	67.4%
Desert Regional Med Ctr	334	144:05:07	53:08:20	62	81.4%
Eisenhower Health	285	55:43:20	4:29:54	15	94.7%
Hemet Valley Hospital	257	241:07:49	136:24:59	137	46.7%
Inland Valley Med Ctr	203	106:15:00	36:42:50	76	62.6%
JFK Hospital	147	16:42:34	0:00:00	0	100.0%
Kaiser Hospital Moreno Valley	82	57:14:37	26:34:07	31	62.2%
Kaiser Hospital Riverside	146	67:49:02	20:13:25	47	67.8%
Loma Linda Univ Med Ctr Mur	170	104:40:23	43:22:55	70	58.8%
Menifee Med Ctr	90	90:17:53	51:46:10	60	33.3%
Palo Verde Hospital	43	4:34:22	0:06:33	2	95.3%
Parkview Community Hospital	143	77:12:33	24:38:13	59	58.7%
Rancho Springs Med Ctr	139	71:17:01	22:15:34	42	69.8%
Riverside Community Hospital	357	238:43:55	97:04:22	174	51.3%
Riverside University Health System	378	127:08:26	7:14:45	51	86.5%
San Gorgonio Mem Hospital	149	76:18:49	23:17:08	50	66.4%
Temecula Valley Hospital	141	70:25:47	17:40:51	52	63.1%
<b>Totals</b>	<b>3,248</b>	<b>1643:32:23</b>	<b>595:34:35</b>	<b>988</b>	<b>69.6%</b>

Transports and APOD Compliance by Hospital

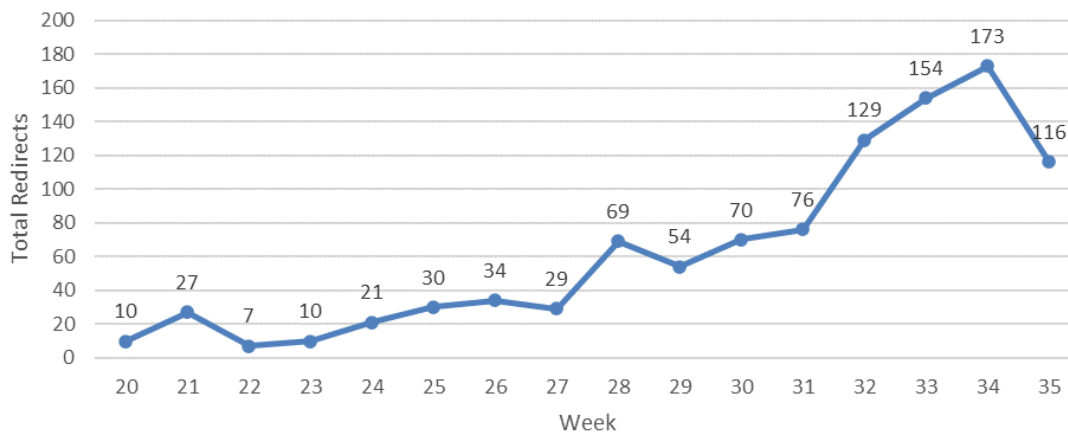


# AMBULANCE REDIRECTION

Policy 6104 (<http://www.remsa.us/policy/6104.pdf>) was activated to allow redirection of ambulances from hospitals that have extended Ambulance Patient Offload Delay (APOD) to the closest most appropriate hospital not experiencing extended offload delays. Extended APOD is a patient remaining on an ambulance gurney for 90 minutes or greater after arrival at a hospital. The table below shows the ambulance diversions that occurred during Week 35.

	Occurrences of APOD Redirection
Corona Regional Medical Center	5
Desert Regional Medical Center	3
Hemet Valley Medical Center	26
Inland Valley Medical Center	11
Kaiser Permanente Moreno Valley Medical Center	8
Kaiser Permanente Riverside Medical Center	8
Loma Linda University Medical Center--Murrieta	9
Menifee Valley Medical Center	13
Parkview Community Hospital	2
Rancho Springs Medical Center	4
Riverside Community Hospital	19
San Geronio Memorial Hospital	8
<b>Grand Total</b>	<b>116</b>

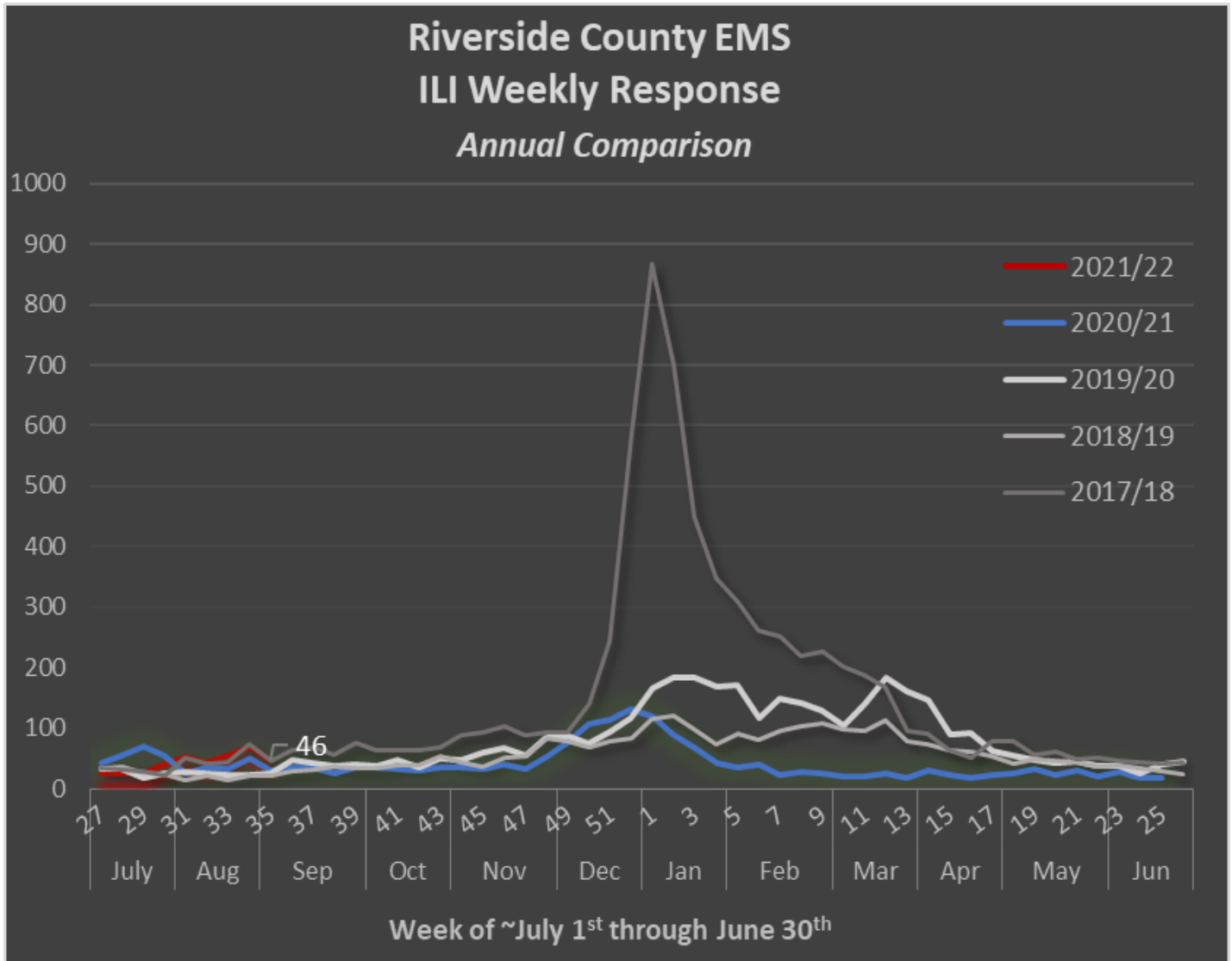
Weekly Ambulance Redirection  
2021 Week 20 through Week 35



## ILI - INFLUENZA-LIKE ILLNESS RESPONSE

While influenza viruses are detected year-round, they are most common during fall and winter. Increases in influenza-like-illness (ILI) generally begin in October and peak sometime between December and February (<https://www.cdc.gov/flu/about/season/flu-season.htm>).

Hospital Emergency Departments (EDs) generally experience an increase in volume during flu season which, in turn, can impact Ambulance Patient Offload Time. The purpose of the Riverside County EMS system ILI (Influenza-like Illness) reporting is to improve tracking of influenza-related activity and facilitate EMS preparedness in the event of a significant surge event, similar or greater than that observed during the 2017-18 flu season.



Week 40 (~October 1st) is defined by the Center for Disease Control (CDC) as the expected start of increasing influenza activity, or “flu season”. Riverside County EMS Agency monitors influenza-like illness (ILI) year-round for better detection of seasonal or abnormal surges which can impact EMS utilization.



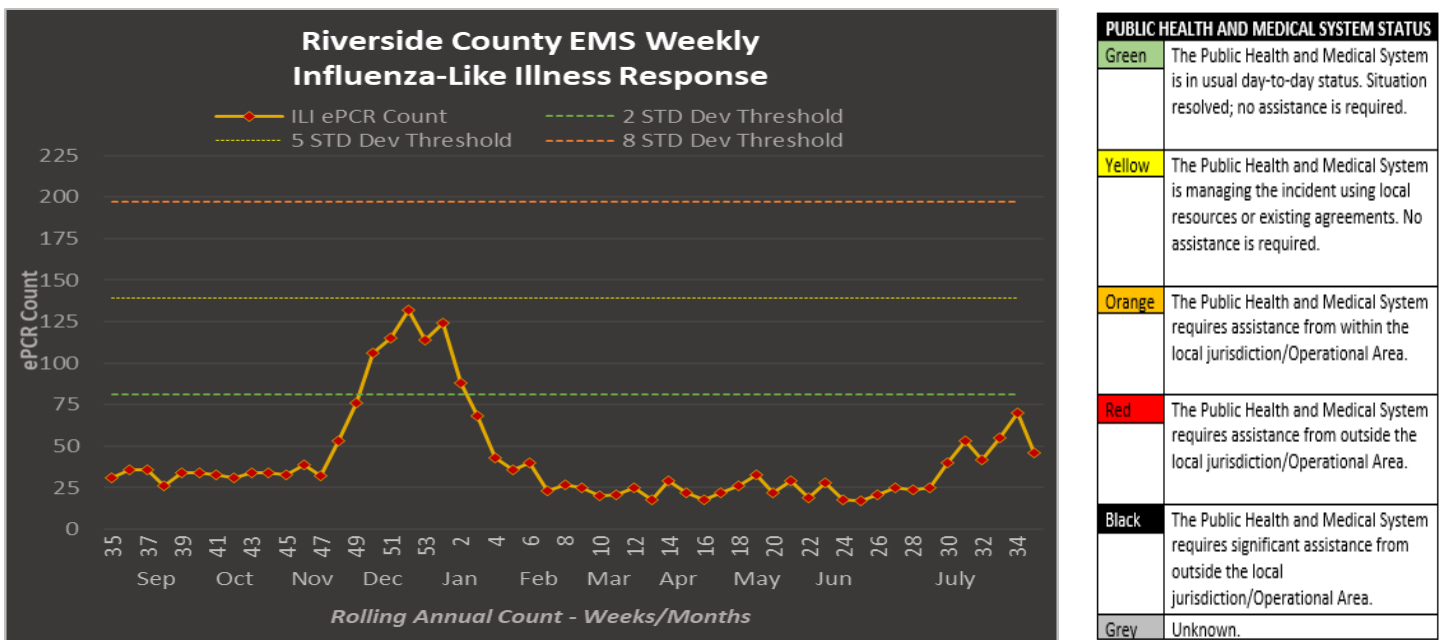
## ILI - INFLUENZA-LIKE ILLNESS RESPONSE (CONT.)

The ILI trigger evaluates electronic patient report (ePCR) data using the following methodology:

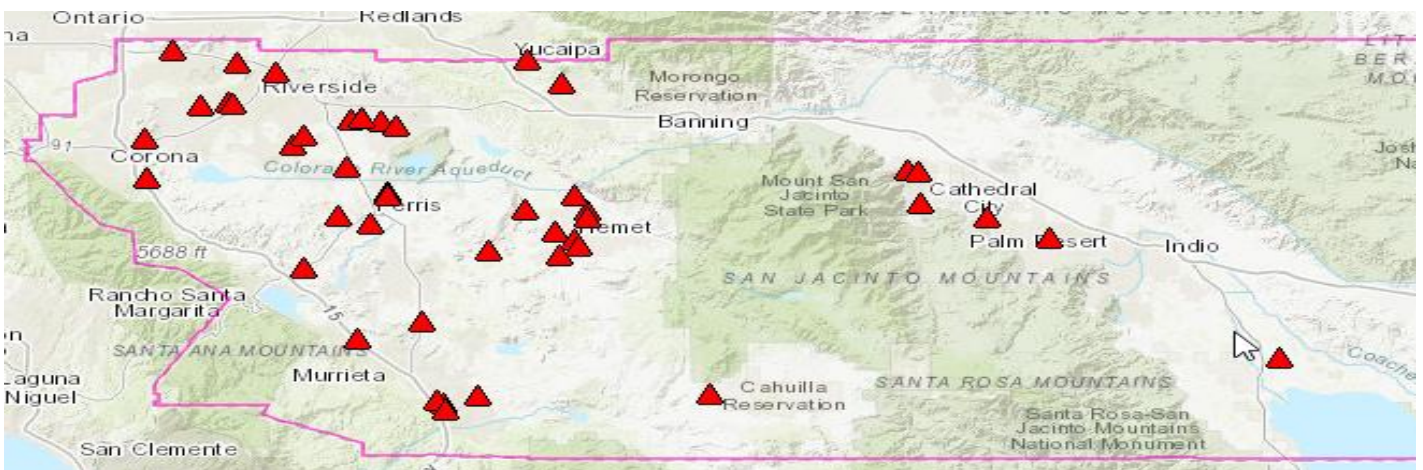
1. Filters primary or secondary impression of code J11 (Influenza due to unidentified influenza virus)  
OR
2. A primary / secondary impression code J80, J98.09 (Acute respiratory distress syndrome, Respiratory disorder unspecified) with a match in the narrative for ILI, influenza like illness, Flu, Flu-, Flu\., or influenza  
OR
3. Any incident with a match in the narrative for ILI, influenza like illness, Flu, Flu-, Flu\., or influenza.

EMS ILI response two standard deviations above the calculated baseline average during non-peak flu seasons is considered a surge in flu activity. For the current Flu season 2020-'21, the standard deviation threshold value is not calculated as there was abnormal non-peak flu season behavior due to COVID-19. The threshold value listed in the graph is based on previous years non-peak flu season. Surges are identified as color levels adapted from the *CDPH Standards and Guidelines for Healthcare Surge During Emergencies* (actual response status for the EMS system may differ):

<https://www.cdph.ca.gov/Programs/EPO/CDPH%20Document%20Library/FinalEOM712011.pdf>



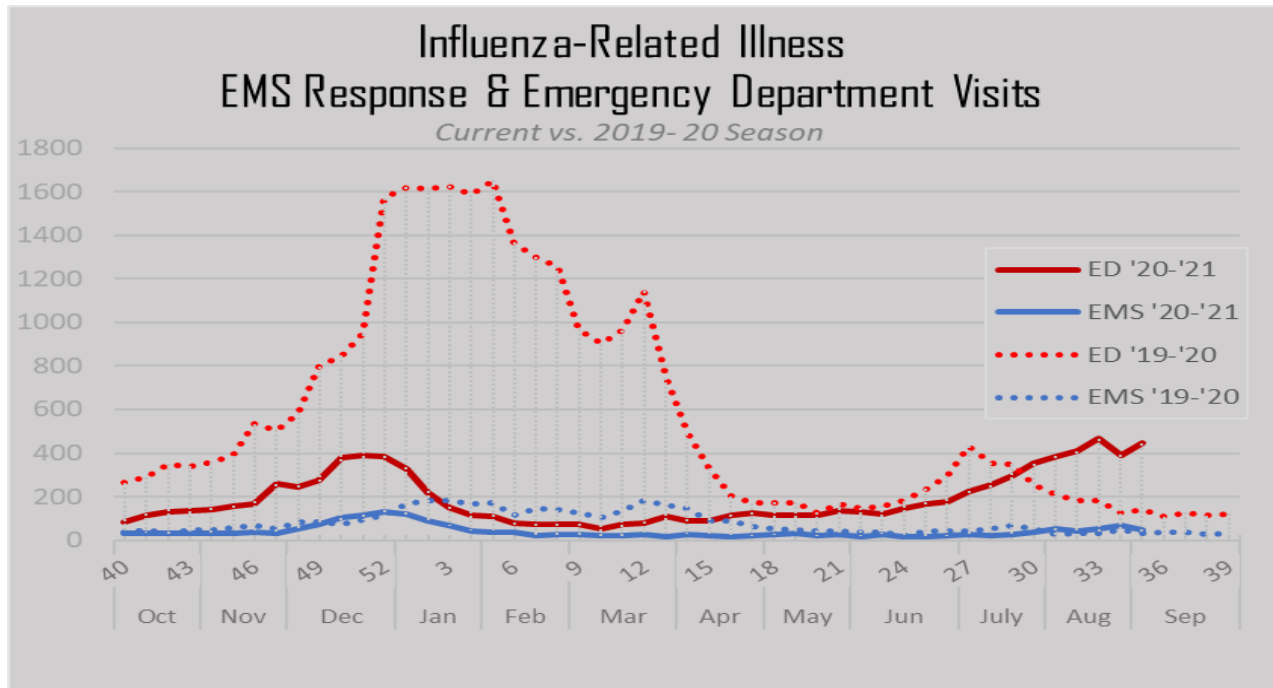
During Week 35, EMS ILI response was **BELOW** the two standard deviation threshold compared to non-peak flu season activity levels (weeks 13-39).



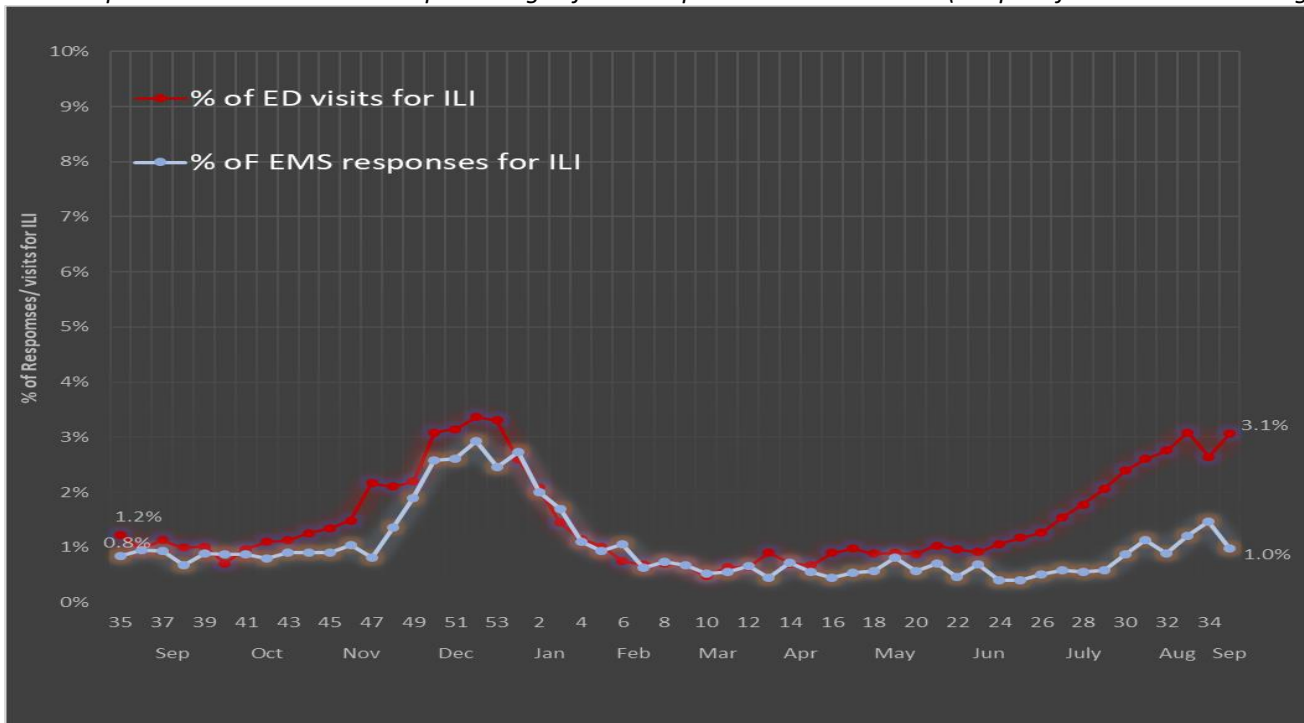
ILI-related EMS response in Riverside County, ePCR distribution map: Week 35

# RIVERSIDE COUNTY PUBLIC HEALTH INFLUENZA-LIKE ILLNESS DATA

**Riverside County Public Health Department – DOPH** collects Emergency Department ILI activity data from the Center for Disease Control’s (CDC) *Early Notification of Community-based Epidemics (ESSENCE)* system as part of the National Syndromic Surveillance Program (NSSP). Fifteen of 17 Riverside County hospitals participate in ESSENCE. The graph below provides a comparison between Riverside County’s EMS ILI responses and Emergency Department (ED) ILI visits for the current year\* compared to the previous year.



EMS ILI responses and ED ILI visits as a percentage of their respective total volume\*\* (adapted from CDC methodology)



\*2020 Week 40, 41 ESSENCE data are partial data due to a temporary outage at facilities.

\*\*A new Riverside County hospital joined ESSENCE in Week 48 of 2020 for a total of 15 participating hospitals. The addition of one hospital slightly elevates the baseline count from that week forward compared to previous weeks.



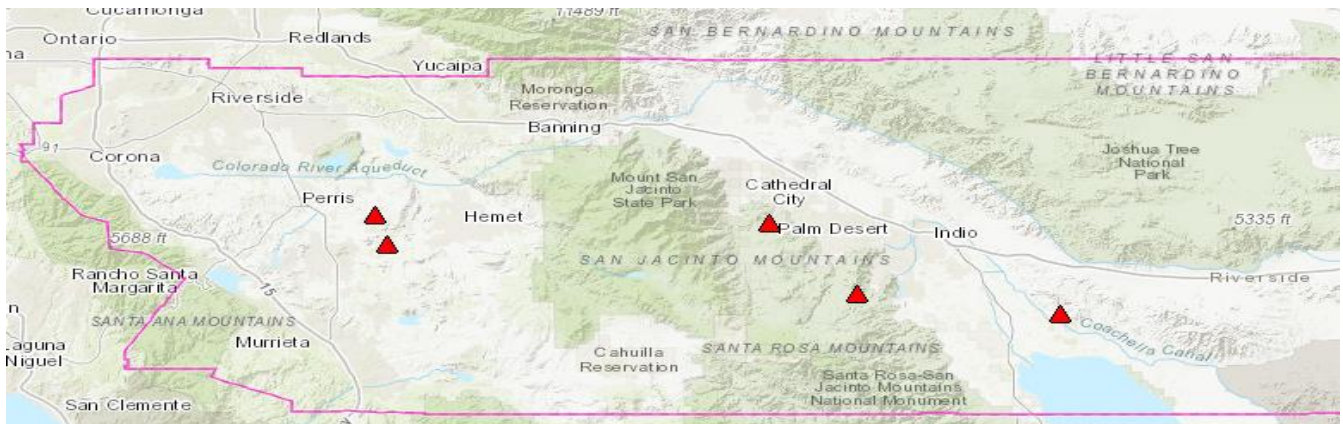
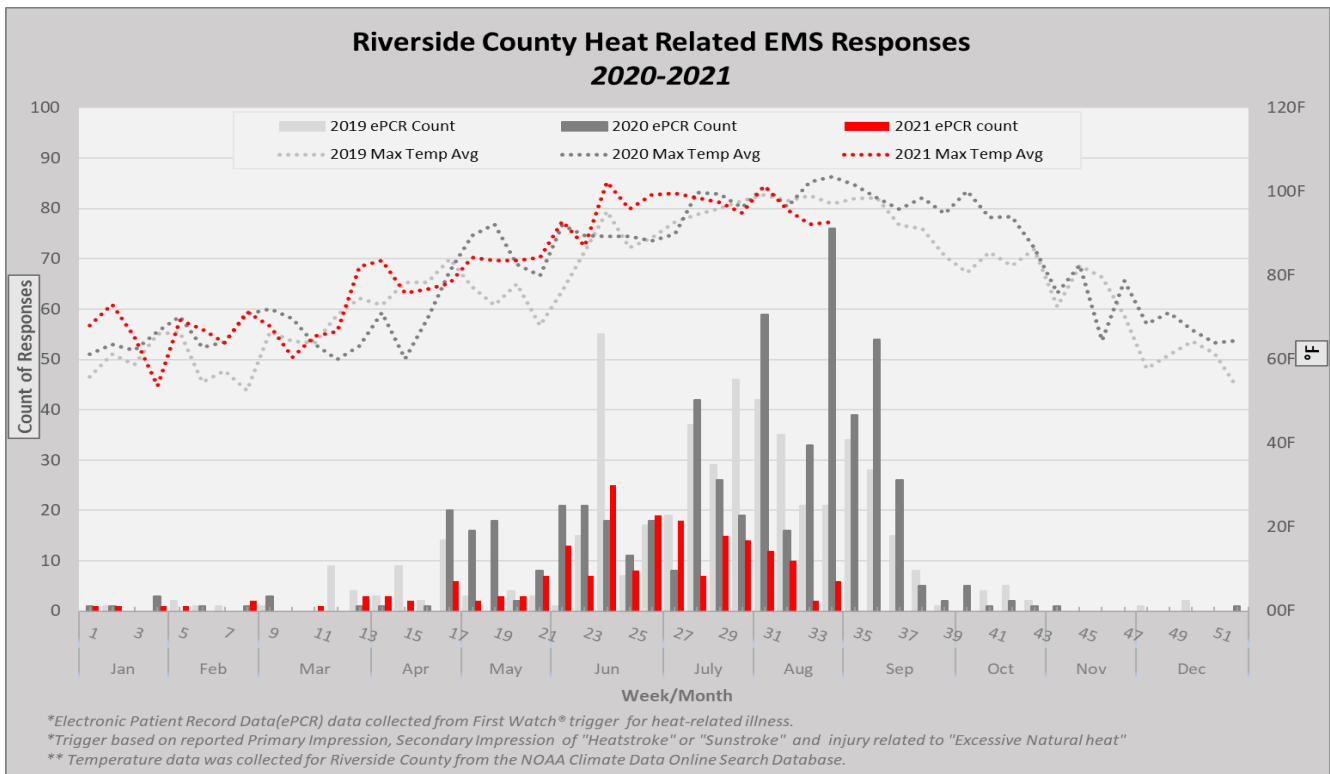
# HEAT-RELATED RESPONSE

Excessive heat exposure kills more people than any other weather-related phenomenon, aggravates chronic diseases, and causes direct heat illness<sup>7,8,9,10</sup>. Relationships between extreme heat and health can be identified through increased hospitalizations, emergency department visits and demand for emergency medical services (EMS). The purpose of the REMSA Environmental Heat trigger is to analyze EMS demand associated with extreme heat, using response data from electronic patient care reports (ePCRs).

The HEAT trigger evaluates ePCRs using the following methodology:

1. Primary or Secondary Impression as "Heatstroke" or "Sunstroke"
- OR**
2. Injury related to "Excessive Natural Heat".

The graph below illustrates total EMS heat-related responses by week from 2020 through the current Week 35 and compares them against maximum temperature averages across Riverside County for the same week. Climate data is obtained from the National Climate Data Center, National Oceanic and Atmospheric Administration - NOAA.



Heat related EMS response in Riverside County, ePCR distribution map: Week 35

# APOT AND APOD DEFINITIONS

## *9-1-1 Ambulance Response*

For the purpose of reporting patient offload time and delays, only ALS (Advance Life Support) ground transport units responding to 9-1-1 incidents are included in this report. To avoid duplicate response counts, this excludes all records from First Responder Fire agencies also arriving on scene as part of the dual 9-1-1 medical response system in Riverside County. It also excludes interfacility transports and other types of 9-1-1 responses such as air ambulances.

## *Ambulance Patient Offload Time (APOT)*

The Time interval between the arrival of an ambulance patient at an ED and the time the patient is transferred to the ED gurney, bed, chair, or other acceptable location and the emergency department assumes the responsibility for care of the patient.<sup>1</sup> The Clock Start (eTimes.11) is the time of patient arrival at the destination (hospital), and the Clock Stop (eTimes.12) is time the care of the patient is transferred.<sup>2</sup> REMSA obtains both times from the ePCR.

## *APOD Compliance*

Frequency comparison between the total number of transports and those resulting in APOD.

## *Ambulance Patient Offload Delay (APOD)*

Any delay in ambulance patient offload time (APOT) that exceeds the local ambulance patient offload time standard of 25/30 minutes (Riverside County EMS Agency applies a 30-minute standard). This shall also be synonymous with “non-standard patient offload time” as referenced in the Health and Safety Code.<sup>3</sup> If the transfer of care and patient offloading from the ambulance gurney exceeds the 30-minute standard, it will be documented and tracked as APOD.<sup>4</sup>

## *Data Definitions*

Data in this report includes all transports to the 17 hospitals monitored by REMSA in the respective month relative to the date and time the incident originates (eTimes.03--Dispatch Notified Date/Time). *For example, if an incident originates on June 30, and the patient is subsequently transferred to the care of an emergency department on July 1, that incident will be included in the month of June.*

Canceled calls, calls for which both arrival and transfer times are not present, and calls with erroneous/negative offload times are excluded. Certain incidents with offload times exceeding six hours and 12 hours are verified for accuracy, and incidents are excluded if the timeline cannot be validated.

Data for this report has been collected from ePCRs (electronic patient care reports) from FirstWatch® and are available after they have been completed by the provider. There is, therefore, an inherent latency to the availability of these records. Due to this latency, subsequent reports may feature higher aggregate numbers than earlier reports for the same reporting period. The difference is insignificant (averaging less than .07%) and does not impact overall compliance.

-For inquiries, please contact EMS Administrator, [TDouville@rivco.org](mailto:TDouville@rivco.org)

-Current report prepared by Sudha Mahesh & Catherine Borna Farrokhi, Riverside County EMS Agency

-ESSENCE Emergency Department data compiled by Rick Lopez, Riverside County Department of Public Health

<sup>1</sup> Health and Safety Code Division 2.5, Chapter 3, Article 1, Section 1797.120(b)

<sup>2</sup> Ambulance Patient Offload Time (APOT) Standardized Methods for Data Collection and Reporting, approved by EMS Commission 12/14/2016.

<sup>3</sup> Ibid., APOT-1 Specifications

<sup>4</sup> REMSA Policy 4204, Transfer of Patient Care. <http://www.remsa.us/policy/4204.pdf>

<sup>7</sup> Calkins MM, Isaksen TB, Stubbs BA, Yost MG, Fenske RA (2016). Impacts of extreme heat on emergency medical service calls in King County, Washington, 2007-2012: relative risk and time series analyses of basic and advanced life support. *Environ Health*. doi: 10.1186/s12940-016-0109-0

<sup>8</sup> Sheridan SC, Kalkstein AM, Kalkstein LS (2009). Trends in heat-related mortality in the United States, 1975–2004. *Natural Hazards* 50:1, 145-160

<sup>9</sup> Guo Y, Gasparrini A, Armstrong BG (2017). Heat Wave and Mortality: A Multicountry, Multicommunity Study. *Environ Health Perspect*. 2017;125(8):087006. doi:10.1289/EHP1026

<sup>10</sup> CDC, Climate and Health Program. 2010. <https://www.cdc.gov/climateandhealth/effects/default.htm>